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## **Dr. Frank Rauch honored**

Dr. Frank Rauch, Director of clinical research has been awarded the Hufeland Prize for achievements in preventative medicine.

As part of a team lead by Professor Schoenau at the University Hospital in Cologne, Dr. Rauch investigated the relationship between muscle and bone development in children and adolescents. The team concluded that there was a positive relationship between muscle and bone mass, suggesting that physical activities during childhood and adolescence may contribute significantly to bone health, possibly lasting well into adulthood. In an era of increasing concern about the lack of physical activity amongst children and adolescents, these findings further stress the importance of physical activity as part of the educational curriculum.

The Hufeland prize is supported by the German “Physicians Insurance” organization. It acknowledges significant contributions in the area of preventative medicine. The prize includes a 20,000 Euro (~ 32,000 CAD) award that is shared by the members of the research team. (Drs Rauch, Neu and Schoenau).